

ORDER FORM APRIL 2009

Cooking From the Heart, PO Box 827, Bryantville, MA 02327
Phone & Fax: 781-293-8422/ email: cookingfth@msn.com

Customer Name _____ Phone _____
Address _____ City _____
Zip Code _____ Email Address _____
Special Delivery Instructions _____

April 1 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
French Barley Salad					\$8.50	
Cutlets Adobado					\$8.50	
Asian Noodles					\$8.50	
Quinoa Stuffed Peppers					\$8.50	
Macaroni & Cheese					\$8.50	
Bar Harbor Salad (specify chicken or plain)					\$6.50/\$8.50	
Chicken Noodle Soup (\$5.50 per pint/\$9.50 per quart)					\$5.50/\$9.50	
Mexican Rice Burrito (specify veg or chicken)					\$5.50/\$6.50	
Blondies (sm: \$6.50/ lg: \$12)					\$6.50/ \$12	
Haricot Vert					\$4.75	
Sweet Potato Home Fries					\$4.75	
Greek Lemon Cutlets (tofu, chicken, tilapia)					\$5.75	
Cranberry Cutlets (tofu, chicken, tilapia)					\$5.75	
Real Egg Salad					\$6.50	
Mediterranean Chicken Salad					\$6.50	
Fresh Fruit & Yogurt Parfait					\$6.50	
Maple Pecan Granola					\$6.50	
					Delivery:	\$5

April 1 Total: _____

April 8 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Spring Vegetable Tarte					\$8.50	
Cutlets w/Matzo Stuffing					\$8.50	
Pasta w/Spinach & Chickpeas					\$8.50	
Roasted Vegetable Melange					\$8.50	
Lasagne Florentine					\$8.50	
Taverna Salad (specify chicken or plain)					\$6.50/\$8.50	
Summer Squash Soup (\$5.50 per pint/ \$9.50 per quart)					\$5.50/\$9.50	
Potato Bean Burrito					\$5.50	
Apple Fruit Compote (\$6.50 sm; \$12 lg)					\$6.50/\$12	
Italian Broccoli					\$4.75	
Mashed Sweet Potatoes					\$4.75	
Italian Herb Cutlets (tofu, chicken, tilapia)					\$5.75	
Apricot Dijon Cutlets (tofu, chicken, tilapia)					\$5.75	
Cape Cod Tofu Salad					\$6.50	
Dijon Chicken Salad					\$6.50	
Fresh Fruit & Yogurt Parfait					\$6.50	
Maple Pecan Granola					\$6.50	
					Delivery:	\$5

April 8 Total: _____

Please see other side for weeks of April 15, 22 & 29

April 15 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Potatoes Deluxe					\$8.50	
Cutlets Teriyaki					\$8.50	
Noodle Kugel					\$8.50	
Turkey or Tofu Balls Mykanos					\$8.50	
Red Chile Enchiladas					\$8.50	
Farmhouse Spinach Salad (specify chicken or plain)					\$6.50/\$8.50	
Thai Chicken Curry (\$5.50 per pint/\$9.50 per quart)					\$5.50/\$9.50	
Black Bean Burrito					\$5.50	
Blueberry Crumb Cake (sm: \$6.50/lg: \$12)					\$6.50/\$12	
Calabacitas					\$4.75	
Mashed Potatoes					\$4.75	
Maple Balsamic Cutlets (tofu, chicken, tilapia)					\$5.75	
Honey Mustard Cutlets (tofu, chicken, tilapia)					\$5.75	
Italian Mozzarella Salad					\$6.50	
Cape Cod Chicken Salad					\$6.50	
Fresh Fruit & Yogurt Parfait					\$6.50	
Maple Pecan Granola					\$6.50	
					Delivery:	\$5
					April 15 Total:	

April 22 Delivery	Vegetarian?		# servings	#orders	Cost each	Your Cost
	Yes	No				
Mango Couscous Salad					\$8.50	
Cranberry Dijon Cutlets					\$8.50	
Pasta w/Grilled Vegetable Sauce					\$8.50	
Entomatadas					\$8.50	
Shepherd's Pie					\$8.50	
Greek Salad (specify chicken or plain)					\$6.50/\$8.50	
Santa Fe Chowder (\$5.50 per pint/\$9.50 per quart)					\$5.50/\$9.50	
Red Chile Burrito					\$5.50	
Coconut Raspberry Oat Bars (sm:\$6.50/ lg: \$12)					\$6.50/\$12	
Snaps & Carrots					\$4.75	
Roast Potato Medley					\$4.75	
Citrus Herb Cutlets (tofu, chicken, tilapia)					\$5.75	
Soy Coconut Cutlets (tofu, chicken, tilapia)					\$5.75	
Eggless Tofu Salad					\$6.50	
Fiesta Turkey Salad					\$6.50	
Fresh Fruit & Yogurt Parfait					\$6.50	
Maple Pecan Granola					\$6.50	
					Delivery:	\$5
					April 22 Total:	

April 29 Delivery	Vegetarian?		# servings	#orders	Cost each	Your Cost
	Yes	No				
Fresh Pesto Pasta Salad					\$8.50	
Cutlets w/Tropical Salsa					\$8.50	
Spaghetti Mushroom Marinara					\$8.50	
Honey Mustard Meatloaf					\$8.50	
Smothered Green Chile Burritos					\$8.50	
Nantucket Salad (specify chicken or plain)					\$6.50/\$8.50	
Spanish Chick Pea Soup (\$5.50 per pint/\$9.50 per quart)					\$5.50/\$9.50	
Black Bean & Sweet Potato Burrito					\$5.50	
Heirloom Banana Bread (sm: \$6.50/ lg: \$12)					\$6.50/\$12	
Edamame Succotash					\$4.75	
Roasted Rosemary Potatoes					\$4.75	
Citrus Cutlets (tofu, chicken, tilapia)					\$5.75	
Ginger Scallion Cutlets (tofu, chicken, tilapia)					\$5.75	
Greek Veggie Salad					\$6.50	
Old Fashioned Tuna Salad					\$6.50	
Fresh Fruit & Yogurt Parfait					\$6.50	
Maple Pecan Granola					\$6.50	
					Delivery:	\$5
					April 29 Total:	

APRIL MONTHLY TOTAL: _____