

ORDER FORM February 2010

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone & Fax: 781-293-8422/ email: cookingfth@msn.com

Customer Name _____ Phone _____
 Address _____ City _____
 Zip Code _____ Email Address _____
 Special Delivery Instructions _____

February 3 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Pesto Pasta Salad					\$8.50	
Cutlets Picante					\$8.50	
Panang Noodles					\$8.50	
Provencale Peppers					\$8.50	
Macaroni & Cheese					\$8.50	
Bar Harbor Salad veg: \$6.50/ch: \$8.50					\$6.50 /\$8.50	
Chicken Mushroom Soup \$5.50 per pint/\$9.50 per quart					\$5.50/\$9.50	
Red Chile Burrito \$5.50					\$5.50	
Lemon Blueberry Loaf sm: \$6.50/lg: \$12					\$6.50/\$12	
Haricot Vert					\$4.75	
Sweet Potato Homefries					\$4.75	
Korean BBQ Cutlets (tofu, chicken, tilapia)					\$5.75	
Lemon Dijon Cutlets (tofu, chicken, tilapia)					\$5.75	
Cape Cod Tofu Salad					\$6.50	
Dijon Chicken Salad					\$6.50	
Maple Pecan Granola					\$6.50	
Delivery Charge						\$5

February 3 Total: _____

February 10 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
French Barley Salad					\$8.50	
Mandarin Ginger Cutlets					\$8.50	
Pasta & Calabacitas					\$8.50	
Wirikuta Stew					\$8.50	
Lasagne Florentine					\$8.50	
Spinach Salad \$6.50 veg; \$8.50 ch					\$6.50/\$8.50	
Lentil & Broccoli Rabe \$5.50 per pint/ \$9.50 per quart					\$5.50/\$9.50	
Green Chile Burrito					\$5.50	
Cocoberry Oat Bars \$6.50 sm; \$12 lg					\$6.50/\$12	
Fresh Snaps & Carrots					\$4.75	
Garlic Mashed Potatoes					\$4.75	
Italian Herb Cutlets (tofu, chicken, tilapia)					\$5.75	
Teriyaki Cutlets (tofu, chicken, tilapia)					\$5.75	
Real Egg Salad					\$6.50	
Old Fashioned Tuna Salad					\$6.50	
Maple Pecan Granola					\$6.50	
Delivery Charge						\$5

February 10 Total: _____

Please see other side for weeks of February 17 & 24

February 17 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Wild Mushroom Quiche					\$8.50	
Moroccan Lemon Cutlets					\$8.50	
Spaghetti & Meatballs					\$8.50	
Wampanoag Rice Casserole					\$8.50	
Red Chile Enchiladas					\$8.50	
Greek Salad \$6.50 veg; \$8.50 ch					\$6.50; \$8.50	
Vietnamese Chicken Soup \$5.50 per pint/\$9.50 per quart					\$5.50/\$9.50	
Black Bean Burrito					\$5.50	
Apple Crumb Cake sm:\$6.50; lg: \$12					\$6.50/\$12	
Broccoli Rabe					\$4.75	
Mashed Sweet Potatoes					\$4.75	
Soy Coconut Cutlets (tofu, chicken, tilapia)					\$5.75	
Honey Mustard Cutlets (tofu, chicken, tilapia)					\$5.75	
Eggless Tofu Salad					\$6.50	
Roast Turkey Salad					\$6.50	
Maple Pecan Granola					\$6.50	
Delivery Charge						\$5

February 17 Total:

February 24 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Orzo & Roasted Veggie Salad					\$8.50	
Cutlets Satay					\$8.50	
Pasta with Pumpkin Pesto					\$8.50	
Red Chilaquiles					\$8.50	
Shepherd's Pie					\$8.50	
Nantucket Salad \$6.50 veg; \$8.50 ch					\$6.50/\$8.50	
Fresh Corn Chowder \$5.50 per pint/\$9.50 per quart					\$5.50/\$9.50	
Potato Bean Burrito					\$5.50	
PB Choc Cookies sm: \$6.50; lg: \$12					\$6.50/\$12	
Winter Squash					\$4.75	
Roasted Greek Potatoes					\$4.75	
Greek Lemon Cutlets (tofu, chicken, tilapia)					\$5.75	
Ginger Scallion Cutlets (tofu, chicken, tilapia)					\$5.75	
Greek Vegetable Salad					\$6.50	
Cape Cod Chicken Salad					\$6.50	
Maple Pecan Granola					\$6.50	
Delivery Charge						\$5

February 24 Total:

Monthly Total:
