

# ORDER FORM FEBRUARY 2012

Order 4-5 weeks and **PAY BY Jan 30** and omit delivery fees (\$20-\$25 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327  
 Phone & Fax: 781-293-8422/ email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ Pyrex? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

\*please be sure to specify vegetarian or non-vegetarian for EACH dish!

Feb 1/2 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Maple Wheat Berry Salad					\$8.75	
Cornmeal Cutlets					\$8.75	
Asian Noodles					\$8.75	
Tia Carmen's Enchiladas					\$8.75	
Macaroni & Cheese					\$8.75	
Bar Harbor Salad (specify chicken or plain)					\$6.75/\$8.75	
Thai Chicken Curry Soup (\$5.75 per pint/\$9.75 per quart)					\$5.75/\$9.75	
Mexican Rice Burrito (specify veg or chicken)					\$5.75/\$6.75	
Blueberry Cake (sm: \$6.75/ lg: \$13)					\$6.75/ \$13	
Kale					\$4.75	
Rosemary Potatoes					\$4.75	
Greek Lemon Cutlets (tofu, chicken, salmon)					\$5.75	
Honey Dijon Cutlets (tofu, chicken, salmon)					\$5.75	
Mediterranean Tuna Salad					\$6.75	
Cape Cod Chicken Salad					\$6.75	
Fresh Fruit Salad					\$6.75	
Maple Pecan Granola					\$6.75	
					Delivery:	\$5

**Feb 1/2 Total:** \_\_\_\_\_

Feb 8/9 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Teriyaki Rice Salad					\$8.75	
Salsa Verde Cutlets					\$8.75	
Winter Squash Pasta					\$8.75	
Meatballs Mykanos					\$8.75	
Lasagne Florentine					\$8.75	
Taverna Salad (specify chicken or plain)					\$6.75/\$8.75	
Minestrone (\$5.75 per pint/ \$9.75 per quart)					\$5.75/\$9.75	
Black Bean Burrito (specify veg or turkey)					\$5.75/\$6.75	
Cocoa Mini Tortes (\$6.75 sm; \$13 lg)					\$6.75/\$13	
Cauliflower Au Gratin					\$4.75	
Mashed Sweet Potatoes					\$4.75	
Italian Herb Cutlets (tofu, chicken, salmon)					\$5.75	
Soy Coconut Cutlets (tofu, chicken, salmon)					\$5.75	
Old Fashioned Tuna Salad					\$6.75	
Curried Chicken					\$6.75	
Fresh Fruit Salad					\$6.75	
Maple Pecan Granola					\$6.75	
					Delivery:	\$5

**Feb 8/9 Total:** \_\_\_\_\_

Please see other side for February 15-March 1

Feb 15/16 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad					\$8.75	
Thai Cutlets					\$8.75	
Pasta Primavera					\$8.75	
Savory Ricotta Pie					\$8.75	
Red Chile Enchiladas					\$8.75	
Nantucket Salad (specify chicken or plain)					\$6.75/\$8.75	
Chicken Posole (\$5.75 per pint/\$9.75 per quart)					\$5.75/\$9.75	
Green Chile Burrito (specify veg or turkey)					\$5.75/\$6.75	
Oatmeal Raisin Cookies (sm: \$6.75/lg: \$13)					\$6.75/\$13	
Edamame Succotash					\$4.75	
Greek Roasted Potato					\$4.75	
Maple Balsamic Cutlets (tofu, chicken, salmon)					\$5.75	
Korean BBQ Cutlets (tofu, chicken, salmon)					\$5.75	
Persian Tofu Salad					\$6.75	
Mandarin Chicken Salad					\$6.75	
Fresh Fruit Salad					\$6.75	
Maple Pecan Granola					\$6.75	

Delivery: \$5  
Feb 15/16 Total:

Feb 22/23 Delivery	Vegetarian?		# servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Sweet Potatoes					\$8.75	
Fresh Pesto Cutlets					\$8.75	
Pasta w/Broccoli Rabe					\$8.75	
Grilled Vegetable Casserole					\$8.75	
Shepherd's Pie					\$8.75	
Greek Salad (specify chicken or plain)					\$6.75/\$8.75	
Farmhouse Lentil (\$5.75 per pint/\$9.75 per quart)					\$5.75/\$9.75	
Red Chile Burrito (specify veg or chicken)					\$5.75/\$6.75	
Citrus Pumpkin Bars (sm:\$6.75/ lg: \$13)					\$6.75/\$13	
Snaps & Carrots					\$4.75	
Roast Potato Medley					\$4.75	
Citrus Ginger Cutlets (tofu, chicken, salmon)					\$5.75	
Adobado Cutlets (tofu, chicken, salmon)					\$5.75	
Roast Turkey Salad					\$6.75	
Italian Mozzarella Salad					\$6.75	
Fresh Fruit Salad					\$6.75	
Maple Pecan Granola					\$6.75	

Delivery: \$5  
Feb 22/23 Total:

Feb 29/March 1 Delivery	Vegetarian?		# servings	#orders	Cost each	Your Cost
	Yes	No				
French Pasta Salad					\$8.75	
Cherry Teriyaki Cutlets					\$8.75	
Baked Ziti					\$8.75	
Smothered Burritos					\$8.75	
BBQ Meatloaf					\$8.75	
Pomegranate Spinach Salad (specify chicken or plain)					\$6.75/\$8.75	
Chicken Noodle Soup (\$5.75 per pint/\$9.75 per quart)					\$5.75/\$9.75	
Roast Veggie Burrito(specify veg or chicken)					\$5.75/\$6.75	
Coco Raspberry Oat Bars (sm: \$6.75/ lg: \$13)					\$6.75/\$13	
Italian Broccoli					\$4.75	
Cranberry Sweet Potatoes					\$4.75	
Lemon Dijon (tofu, chicken, salmon)					\$5.75	
Ginger Scallion Cutlets (tofu, chicken, salmon)					\$5.75	
Greek Chicken Salad					\$6.75	
Real Egg Salad					\$6.75	
Fresh Fruit Salad					\$6.75	
Maple Pecan Granola					\$6.75	

Delivery: \$5  
Feb 29/Mar 1 Total:

**FEBRUARY MONTHLY TOTAL:**