

ORDER FORM FEBRUARY 6-28, 2019

Order all 4 weeks, **PAY BY FEBRUARY 1** & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com

There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

February 6/7 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Couscous a la Grecque (add \$.50 e.chicken)					\$9/\$9.50	
Hoisin Cutlets					\$9	
Spaghetti & Meatballs					\$9	
Smothered Salsa Verde Burritos					\$9/\$9.50	
Macaroni & Cheese					\$9	
Berry Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Mushroom Barley Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Winter Squash Medley					\$5	
Mashed Potatoes					\$5	
Maple Balsamic Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Teriyaki Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Curried Tofu Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge					\$5	

February 6/7 Total: _____

February 13/14 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Provencale Peppers (add \$.50 e turkey)					\$9/\$9.50	
Arugula Cutlets					\$9	
Thai Rice Noodles (add \$.50 each chicken)					\$9/\$9.50	
Honey Mustard Meatloaf					\$9	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
White Bean Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Snaps & Carrots					\$5	
Whipped Butternut					\$5	
BBQ Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Lemon Dill Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Roasted Garlic Hummus					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge					\$5	

February 13/14 Total: _____

February 20/21 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Roast Pepper Broccoli Quiche					\$9	
Cutlets Bukhari					\$9	
Pasta w/Black Olive Pesto					\$9	
Eggplant Parmesan					\$9	
Santa Fe Enchiladas (add \$.50 e. chicken)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Thai Chicken Soup \$6 per pint/\$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Italian Broccoli					\$5	
Confit Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Roasted Beet Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge					\$5	

February 20/21 Total:

Feb 27/28 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Mango Couscous Salad (add \$.50e chicken)					\$9/\$9.50	
Za'atar Cutlets					\$9	
Athenian Orzo (add \$1 e.shrimp)					\$9/\$10	
Black Bean Chili (add \$.50e turkey)					\$9 /\$9.50	
Shepherd's Pie					\$9	
Greek Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Winter Veggie Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean & Rice Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Cranberry Sweet Potatoes					\$5	
Provencale Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Ginger Orange Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Real Egg Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge					\$5	

Feb 27/28 Total:

February Total:

Please wait for the invoice before paying via PayPal!