

ORDER FORM MARCH 7 - 29, 2018

Order all 4 weeks, PAY BY MARCH 2 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327
 Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com

There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

March 7/8 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad (add \$.50 e.chicken)					\$9/\$9.50	
Cutlets Parmesan					\$9	
Pasta w/Black Olive Pesto					\$9	
Honey Mustard Meatloaf					\$9	
Macaroni & Cheese					\$9	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Poblano Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Sauteed Kale					\$5	
Herb Roasted Potatoes					\$5	
Greek Lemon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Teriyaki Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Mandarin Tofu Salad					\$7.50	
Curried Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

March 7/8 Total: _____

March 14/15 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Sweet Potatoes (add \$.50 e turkey)					\$9/\$9.50	
Cutlets Satay					\$9	
Portabella Pasta (add \$.50 e chicken saus)					\$9/\$9.50	
White Bean Kale Stew (add \$.50 e. turkey)					\$9/\$9.50	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Farmhouse Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Lentil Vegetable Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Roast Garlic Mashed Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Dijon Apricot Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Greek Tabouli Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

March 14/15 Total: _____

Please see other side for March 21/22 & 28/29

March 21/22 Delivery	Vegetarian? Yes No	#servings	#orders	Cost each	Your Cost
Asparagus Quiche				\$9	
Hoisin Cutlets				\$9	
Pasta w/Yams & Edamame (add \$.50 e. ch saus)				\$9/\$9.50	
Tofu or Crab Vegetable Casserole (\$9 veg; \$10 Crab)				\$9/\$10	
Smothered Green Chile Burritos (add \$.50 e. turkey)				\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken				\$7.50/\$9.50	
Chicken Posole Soup \$6 per pint/\$10 per quart				\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 turkey				\$6.50/\$7.50	
Snaps & Carrots				\$5	
Adobado Roasted Potatoes				\$5	
Italian Herb Cutlets tofu & chicken \$6/ salmon\$8				\$6/\$8	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8				\$6/\$8	
Old Fashioned Tuna Salad				\$7.50	
Baba Ganoush				\$7.50	
Fresh Fruit Salad				\$7	
Maple Pecan Granola				\$7	
Delivery Charge					\$5

March 21/22 Total:

March 28/29 Delivery	Vegetarian? Yes No	#servings	#orders	Cost each	Your Cost
Greek Pasta Salad (add \$.50e chicken)				\$9/\$9.50	
Salsa Verde Cutlets				\$9	
Pasta Melanzana				\$9	
Thai Chick Pea Curry				\$9	
Shepherd's Pie				\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken				\$7.50/\$9.50	
Andean Sweet Potato Soup \$6 per pint/\$10 per quart				\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 chicken				\$6.50/\$7.50	
Roast Carrots, Beets & Parsnips				\$5	
Homemade Refritos				\$5	
Lemon Dijon Cutlets tofu & chicken \$6/ salmon \$8				\$6/\$8	
Soy Coconut Cutlets tofu & chicken \$6/ salmon \$8				\$6/\$8	
Real Egg Salad				\$7.50	
Mandarin Chicken Salad				\$7.50	
Fresh Fruit Salad				\$7	
Maple Pecan Granola				\$7	
Delivery Charge					\$5

March 28/29 Total:

March Total:

Please wait for the PayPal invoice before paying!!