

## ORDER FORM MARCH 6-28, 2019

Order all 4 weeks, PAY BY MARCH 1 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)

There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ PYREX? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

March 6/7 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad (add \$.50 e.chicken)					\$9/\$9.50	
Cutlets Parmesan					\$9	
Pasta w/Arugula Pesto					\$9	
Green Chile Meatloaf					\$9	
Macaroni & Cheese					\$9	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Bean Red Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Sauteed Kale					\$5	
Herb Roasted Potatoes					\$5	
Greek Lemon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Teriyaki Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Mandarin Tofu Salad					\$7.50	
Curried Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**March 6/7 Total:** \_\_\_\_\_

March 13/14 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Sweet Potatoes (add \$.50 e turkey)					\$9/\$9.50	
Cutlets Satay					\$9	
Portabella Pasta (add \$.50 e chicken saus)					\$9/\$9.50	
White Bean Kale Stew (add \$.50 e. turkey)					\$9/\$9.50	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Farmhouse Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Lentil Vegetable Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Roast Garlic Mashed Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Dijon Apricot Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Greek Tabouli Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**March 13/14 Total:** \_\_\_\_\_

March 20/21 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Asparagus Quiche					\$9	
Teriyaki Cutlets					\$9	
Pasta w/Yams & Edamame (add \$.50 e. ch saus)					\$9/\$9.50	
Tofu or Crab Vegetable Casserole (\$9 veg; \$10 Crab)					\$9/\$10	
Smothered Green Chile Burritos (add \$.50 e. turkey)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Posole Soup \$6 per pint/\$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Snaps & Carrots					\$5	
Adobado Roasted Potatoes					\$5	
Italian Herb Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Italian Tuna Salad					\$7.50	
Baba Ganoush					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**March 20/21Total:**

March 27/28 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Greek Pasta Salad (add \$.50e chicken)					\$9/\$9.50	
Cutlets Monterey					\$9	
Pasta Melanzana					\$9	
Thai Chick Pea Curry					\$9	
Shepherd's Pie					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Andean Sweet Potato Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
RoastBrussels					\$5	
Homemade Refritos					\$5	
Lemon Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Soy Coconut Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Lebanese Lentil Salad					\$7.50	
Mandarin Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**March 27/28 Total:**

**March Total:**

**Please wait for the PayPal invoice before paying!!**