ORDER FORM MAY 10 - JUNE 1, 2017

Order all 4 weeks, PAY BY May 5 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327 Phone 781-293-8422/ Fax 866-537-6463 email: cookingftheart@gmail.com

There is a <u>\$50</u> minimum order <u>per week (\$55 including the delivery fee)</u>
Weekly orders must be placed by 5PM Friday for the upcoming week's delivery.

Customer Name			Pnon	e		
Address		City				
Zip Code Er	ode Email Address			PYREX?		
Special Delivery Instruction	ons	 				
Plea	se be sure to specify vegeta	rian or non vege	etarian for <u>EA</u>	<u>.CH</u> dish!		
May 10/11 Delivery	Vegetarian? Yes No	#servings	#orders	Cost each	Your Cost	
Balinese Rice Salad (add	\$.50 each chicken)			\$9/\$9.50		
Red Chile Cutlets				\$9		
Chinese Meatballs				\$9		
Stuffed Potatoes (add \$.5	60 each turkey)			\$9/\$9.50		
Macaroni & Cheese				\$9		
Baby Arugula Salad \$7.50	0 veg; \$9.50 chicken			\$7.50/\$9.5	5 0	
	66 per pint/\$10 per quart			\$6/\$10		
Black Bean Burrito \$6.50) veg; \$7.50 turkey			\$6.50/\$7.5	<u>50</u>	
Cinnamon Muffins 6: \$7/	12: \$13			\$7/\$13		
Beets & Carrots				\$5		
Mashed Potatoes				\$ 5		
Korean BBQ Cutlets \$6 to			\$6/\$8			
Lemon Dill Cutlets \$6 tof	u, chicken/\$8 salmon)			<u>\$6/\$8</u>		
Grilled Artichoke Salad				\$7.50		
Cape Cod Chicken Salad				\$7.50		
				<u>\$7</u>		
				<u>\$7</u>		
Delivery Charge					<u>\$5</u>	
			May 10/11Total:			
May 17/18 Delivery	Vegetarian? Yes No	#servings	#orders	Cost each	Your Cost	
Black Bean Salad (add \$	50 each chicken)			\$9/\$9.50		
Mandarin Ginger Cutlets	.30 each chicken)			\$9 \$9		
	gus (add \$.50 each ch saus)			\$9/\$9.50		
Persian Eggplant Pulao	Sus (dud 4.00 cdon on sads)			\$9		
Lasagne Florentine (add	1 \$.50 each turkey)			\$9/\$9.50		
Spinach Salad \$7.50 veg				\$7.50/\$9.	50	
Lentil Broccoli Rabe \$6 p				\$6/\$10		
Green Chile Burrito \$6.50				\$6.50/\$7.5	50	
Fresh Lemon Bars \$7 ½ c			\$6.75/\$13			
Green Beans Almondine				\$5		
Roast Potato Medley				\$ 5		
Italian Herb Cutlets tofu &	k chicken \$6/salmon \$8			\$6/\$8		
Texas BBQ Cutlets tofu &	<u>-</u>			\$6/\$8		
Real Egg Salad				\$7.50		
Greek Chicken Salad				\$7.50		
Fresh Fruit Salad				\$7		
Maple Pecan Granola				\$7		
Delivery Charge					\$ 5	
		<u>May</u>	17/18 Tota	al:		

May 24/25 Delivery	Vegetarian? Yes No	#servings	#orders	Cost	Your Cost
Couscous a la Grecque (add \$.	50 each chicken)			\$9/\$9.50	
Cutlets Teriyaki	•			\$9	
Baked Ziti (add \$.50 each sau	sage)			\$9/\$9.50	
Vidalia Onion Tarte				\$9	
Red Chile Enchiladas				\$ 9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					50
Chicken Noodle Soup \$6 per pint/\$10 per quart					
Potato, Bean Poblano Burrito	\$6.50 veg; \$7.50 chick	<u>ken</u>		\$6.50/\$7.5	50
Double Chocolate Cookies ½ d	oz:\$7; 1 doz: \$13			\$7/\$13	
Italian Broccoli				\$5	
Greek Roasted Potatoes				\$ 5	
Ginger Orange Cutlets tofu &	chicken \$6/ salmon \$8	8		\$6/\$8	
Honey Mustard Cutlets tofu &	chicken \$6/ salmon \$	8		\$6/ \$8	
Roasted Garlic Hummus				\$7.50	
Dijon Chicken Salad				\$7.50	
Fresh Fruit Salad				\$7	
Maple Pecan Granola				\$ 7	
Delivery Charge					\$ 5
May 31 / June 1 Delivery	Vegetarian?	#servings	#orders	Cost	Your
May 31/June 1 Delivery	Vegetarian? Yes No	#servings	#orders	Cost each	Your Cost
May 31/June 1 Delivery Ancient Grain Salad (add \$.50	Yes No	#servings	#orders		
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa	Yes No	#servings	#orders	each \$9/\$9.50 \$9	
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto	Yes No	#servings	#orders	each \$9/\$9.50 \$9 \$9	
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa	Yes No	#servings	#orders	each \$9/\$9.50 \$9	
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie	Yes No each chicken)	#servings	#orders	\$9/\$9.50 \$9 \$9 \$9 \$9 \$9	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50	Yes No each chicken) chicken	#servings	#orders	\$9/\$9.50 \$9 \$9 \$9 \$9 \$9 \$7.50/\$9.	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint,	Yes No each chicken) chicken /\$10 per quart	#servings	#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$9 \$9 \$6/\$10	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg;	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey	#servings	#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7;	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey	#servings	#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13	Cost
Ancient Grain Salad (add \$.50) Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey	#servings	#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.50 \$6/\$10 \$6.50/\$7.50 \$7/\$13	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13		#orders	\$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu &	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8	Cost
Ancient Grain Salad (add \$.50) Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.50 \$6/\$10 \$6.50/\$7.50 \$7/\$13 \$5 \$5 \$5 \$6/\$8 \$6/\$8	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken Lebanese Lentil Salad	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8 \$6/\$8 \$7.50	Cost
Ancient Grain Salad (add \$.50 Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken Lebanese Lentil Salad Mandarin Chicken Salad	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8 \$6/\$8 \$7.50 \$7.50	Cost
Ancient Grain Salad (add \$.50) Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken Lebanese Lentil Salad Mandarin Chicken Salad Fresh Fruit Salad	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8 \$6/\$8 \$7.50 \$7.50 \$7.50 \$7	Cost
Ancient Grain Salad (add \$.50) Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken Lebanese Lentil Salad Mandarin Chicken Salad Fresh Fruit Salad Maple Pecan Granola	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8 \$6/\$8 \$7.50 \$7.50	Cost 50
Ancient Grain Salad (add \$.50) Cutlets w/Fresh Fruit Salsa Pasta w/Black Olive Pesto Picadillo Burritos Shepherd's Pie Greek Salad \$7.50 veg; \$9.50 Three Sisters Stew \$6 per pint, Salsa Verde Burrito \$6.50 veg; Blueberry Muffins ½ doz :\$7; Edamame Succotash Roasted Fingerling Potatoes Maple Balsamic Cutlets tofu & Teriyaki Cutlets tofu & chicken Lebanese Lentil Salad Mandarin Chicken Salad Fresh Fruit Salad	Yes No each chicken) chicken /\$10 per quart \$7.50 turkey 1 doz: \$13 chicken \$6/ salmon \$		#orders	each \$9/\$9.50 \$9 \$9 \$9 \$9 \$7.50/\$9.5 \$6/\$10 \$6.50/\$7.5 \$7/\$13 \$5 \$5 \$6/\$8 \$6/\$8 \$7.50 \$7.50 \$7.50 \$7	Cost

To pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount

Monthly Total: