

ORDER FORM SEPTEMBER 27 – OCTOBER 19, 2017

Order all 4 weeks, PAY BY SEPTEMBER 22 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingfromtheheart@gmail.com

There is a **\$50** minimum order per week (\$55 including the delivery fee)

Weekly orders are due by the Friday before the upcoming week's delivery!

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

Sept 27/28 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad (add \$.50 e. chicken)					\$9/\$9.50	
Greek Lemon Cutlets					\$9	
Chinese Meatballs					\$9	
Thai Chick Pea Curry					\$9	
Macaroni & Cheese					\$9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50chicken					\$6.50/\$7.50	
Edamame Succotash					\$5	
Sweet Potato Homefries					\$5	
Pomegranate Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Ginger Scallion Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Cape Cod Tofu Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

Sept 27/28 Total: _____

October 4/5 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Lentil Salad (add \$.50 e chicken)					\$9/\$9.50	
Cutlets Satay					\$9	
Winter Squash Pasta (add \$.50 ch saus)					\$9/\$9.50	
Honey Mustard Meatloaf					\$9	
Lasagne Florentine (add \$.50e turkey)					\$9/\$9.50	
Pomegranate Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
White Bean Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Rice Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Rosemary Potatoes					\$5	
Apricot Dijon Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Italian Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Mandarin Chicken Salad					\$7.50	
Homemade Hummus					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 4/5 Total: _____

Please see other side for weeks of October 11/12 & 18/19

October 11/12 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Wild Mushroom Quiche					\$9	
Maple Glazed Cutlets					\$9	
Baked Ziti (add \$.50 ch saus)					\$9/\$9.50	
Albondigas					\$9	
Red Chile Enchiladas					\$9	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Thai Chicken Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Poblano Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Roast Curried Cauliflower					\$5	
Potatoes Adobado					\$5	
Spicy BBQ Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Provencale Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Spanish Chick Peas					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 11/12 Total:

October 18/19 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Peppers Ali Baba (add \$.50e turkey)					\$9/\$9.50	
Cutlets Lucerne					\$9	
French Pasta Salad (add \$.50e chicken)					\$9/\$9.50	
Halloween Stew (add \$.50e turkey)					\$9/\$9.50	
Shepherd's Pie					\$9	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Mushroom Barley \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Roasted Carrots & Parsnips					\$5	
Maple Sweet Potatoes					\$5	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Baba Ganoush					\$7.50	
Old Fashioned Tuna					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 18/19 Total:

Monthly Total:

To pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount