

ORDER FORM AUGUST 30 - SEPTEMBER 21, 2017

Order all 4 weeks, PAY BY August 25 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327
 Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com
 There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

August 30/31 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Maple Wheat Berry Salad (add \$.50 e.turkey)					\$9/\$9.50	
Barbeque Bleu Cheese Cutlets					\$9	
Salisbury Steak					\$9	
Greek Eggplant Rice Casserole (add .50 e. turkey)					\$9/\$9.50	
Macaroni & Cheese					\$9	
Berry Mesclun Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Gazpacho \$6 per pint/\$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Calabacitas					\$5	
Sweet Potato Homefries					\$5	
Greek Lemon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Korean BBQ Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Israeli Eggplant Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

August 30/31 Total: _____

September 6/7 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Autumn Moon Quinoa (add \$.50 e turkey)					\$9/\$9.50	
Sonoran Cutlets					\$9	
Pasta w/Pumpkin Pesto					\$9	
BBQ Meatballs					\$9	
Lasagne Florentine (add \$.50 e turkey)					\$9/\$9.50	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Fall Veggie Stew \$6 per pint/ \$10 per quart					\$6.00/\$10.00	
Rice Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Roasted Brussels					\$5	
Roasted Fingerling Sweet Potatoes					\$5	
Provencale Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Roast Garlic Hummus					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

September 6/7 Total: _____

Please see other side for weeks of September 13/14 & 20/21

September 13/14 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Spinach Feta Quiche					\$9	
Cranberry Dijon Cutlets					\$9	
Portabella Pasta (add \$.50 e. sausage)					\$9/\$9.50	
Stuffed Sweet Potatoes (add \$.50 e. turkey)					\$9/\$9.50	
Red Chile Enchiladas					\$9	
Farmhouse Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Tortellini Soup \$6 per pint/\$10.00 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Cauliflower au Gratin					\$5	
Garlic Mashed Potatoes					\$5	
Orange Miso Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Adobado Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Aegean Vegetable Salad					\$7.50	
Curried Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

September 13/14 Total:

September 20/21 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Greek Pasta Salad (add \$.50e chicken)					\$9/\$9.50	
Salsa Verde Cutlets					\$9	
Apricot Almond Kugel					\$9	
Three Bean Chili (add \$.50 e turkey)					\$9 /\$9.50	
Shepherd's Pie					\$9	
Baby Arugula Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Farmhouse Lentil \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Italian Broccoli					\$5	
Homemade Refritos					\$5	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Soy Coconut Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Lentil Pepper Salad					\$7.50	
Roast Turkey Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

September 20/21 Total:

Monthly Total:

Please note September 27/28 delivery will appear on the next menu!

to pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount